



June 2010
Volume 1, Issue 2

Lakewood Winter Club's Rinkside Blast

The Membership & Competition Handshake

Oh, it's that wonderful time of the year again. The time where competition season is in full swing and membership renewals are in the air.

MEMBERSHIP RENEWALS

By now, you should have received your membership renewal packet for the 2010-2011 Membership year. If you have not, please let Diane Weiner, our Membership Chair, know and she can help you get what you need.

Please remember that your membership expires on June 30 and membership renewals take up to two weeks to process

so get yours turned in as soon as possible to avoid any lapse in LWC or U.S. Figure Skating membership.

Please don't forget to get your coach to sign your membership forms.

COMPETITION FORMS

During this period where the old membership year leads into the new and competition deadlines are coming up left and right, it's sometimes difficult for the people who sign competition forms to know whose memberships have been renewed and whose have not. As a result, from

the June 1 through August 30, only the Membership Chair, Diane Weiner, can sign competition forms.

Please either find Diane around the rink, leave the forms in the LWC box in the Control Room or email her to make arrangements to meet with her to have your forms signed. If you leave a form in the LWC box for her, please email her so she knows to get it.

Diane Weiner
Membership Chair
dianeweiner@lakewoodwinterclub.com

May Blades Test Results

Congratulations to all of the skaters who passed tests during May Blades!

A special congratulations to **Alison Jeffers** on passing her **Senior MITF** and **Jessica Steves** on passing her **Adult Gold MITF!** Congratulations, ladies!

Senior MITF: Alison Jeffers

Junior MITF: Cara Nunley, Cassandra Smith

Intermediate FS: Nina Myrtvedt

Juvenile FS: Hannah Eby

Juvenile MITF: Brooke Bowman

Pre-Juvenile FS: Lane Bruce

Pre-Juvenile MITF: Kristin Baker

Preliminary FS: Tiffany Rogers

Preliminary MITF: Chloe Blair, Jolena Pugh, Logan Weaver

Pre-Preliminary FS: Dakota Adams, Megan Bristol, Meredith McPherson, Nikki Srur

Pre-Preliminary MITF: Ainsley Peterson

ADULT

Gold MITF: Jessica Steves

Silver FS: Jessica Steves

Upcoming Events


8/14 - Summer Pool Party

Welcome New Members

- Emma Salam, Skater
- Sally Salam, Parent
- Elli Kopmar, Skater
- Tatyana Kopmar, Parent



Board Meeting
June 16



SKATER OF THE MONTH

Graduating Senior

Taylor Tran

See Taylor's display in the case at the top of the stairs

DANCE

Dutch Waltz: Jordan Lee, Nina Myrtvedt, Linda Ross (solo)

Canasta Tango: Jordan Lee, Nina Myrtvedt

Rhythm Blues: Jordan Lee, Nina Myrtvedt, Linda Ross (solo)

Cha Cha: Hope Murray

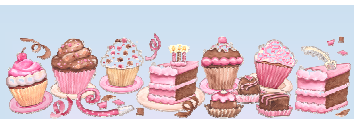
Willow Waltz: Taylor Tran

Hickory Hoedown: Taylor Tran

Ten Fox: Taylor Tran

Adult Killian: Claudia Miller

Test results can also be found on the Club's website



BIRTHDAYS

- 6/6 Hailey B.
- 6/11 Carole O.
- 6/16 Katie W.
- 6/16 Kelly H.
- 6/23 Alissa N.
- 6/26 Sue Ellen Q.
- 6/30 Brittney S.

Coming Soon...

MENTORSHIP PROGRAM

We are working to put into place a Skater Mentorship Program. As a mentor, our more seasoned skaters will help our newer skaters learn the ropes of Freestyle session rules and the general "Rules of the Ice."

The Mentorship Program will also help our newer skaters make friends more easily and feel a part of the Club more quickly. If

your skater is interested in being a mentor, have them speak to Stephanie Rowland.

PARENT EDUCATION

Remember what it was like to be a new skating parent? All the questions: What about this? And what about that? All those questions that we pondered but didn't want to bug our coach with so we just hoped to run into the right person to get answered. Well, wonder no more!

We will soon be offering Parent Education where parents can get those questions answered. Watch for announcements in the coming months.

JACKET ORDERS ONLINE

In an effort to expedite Club jacket orders, they will soon be going online! Members will be able to go onto the Club's website, place an order, and pay right there! Watch for an announcement when online ordering is available.

Coaches' Corner

FIGURE SKATING A TEAM SPORT?

This month's Coaches Corner brought to you by Heidi Sullivan

It is true that figure skating is an individual pursuit, however, all skaters should be reminded that their progress and continued success is directly related to the support of others. We too often forget that the people we come into contact with on a daily basis, inside and outside the rink, influence our training and development.

The mutual relationship a skater shares with his/her coach and parents is especially important. As individuals, we often think that our progress and our success is dependent on ourselves alone. By remembering to listen to the advice and suggestions of our coach and the positive encouragement and reinforcement provided by our parents, the individual burden that we too often try to carry is made easier. Always remember that one of your greatest strengths is the skater/coach/parent team bond.

"There is no such thing as a self-made man. You will reach your goal with the help of others" – George Shinn

Everyday at the rink we interact with other skaters who display varying degrees of ability and maturity. Too often, we forget that through our daily interaction with one another, on and off the ice, we are actually working together as a team. With this thought in mind, we need to focus on positive encouragement and consideration for one another's individual feelings and personal goals.

"The nice thing about teamwork is you always have others on your side."

– Margaret Carty

Attending competitions can be an exciting as well as a stressful experience. We must always remember that together, we represent the Lakewood Winter Club. Therefore, although we compete as individuals, we are really collectively competing as a team that represents an ice skating club we can be proud of. With this thought in mind, whenever you take the ice, don't forget that you have the strength of coaches, fellow skaters and

parents behind you.

"Respect your fellow human being, treat them fairly, disagree with them honestly, enjoy their friendship, explore your thoughts about one another candidly, work together for a common goal and help one another achieve it."

– Bill Bradley

With summer training approaching, it is a good time to reevaluate your thinking, reenergize your skating and appreciate the value of team work and group cooperation. The following is a special challenge for each skater to consider during our upcoming summer training.

Everyday on the ice, make a special effort to compliment or encourage three of your fellow skaters.

Together Everyone Achieves More



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To submit articles or information for our Club website or newsletter, contact us at:
info@lakewoodwinterclub.com

Submissions will be used at the discretion of the Communications Committee