

COMPETITION and PRACTICE SCHEDULE
MAY BLADES 2010 – REVISED 5/5/2010
MAY 14 – 16, 2010

Skaters: This schedule is tentative. Check the official bulletin board at Sprinker when you check in for schedule updates. You must be at the rink, prepared to skate, and checked in with the ice monitor at least **45 minutes** before your scheduled warm-up. Events will not be delayed for skaters stuck in traffic. Events listed at the same time warm up together.

Music: Make sure you have at least **two** copies of your music and turn your music into the registration desk at least one hour before your event starts. CD-Rs and cassettes are acceptable. Do not use CD-RWs, DVDs or MP3 format. Only one track per disc, please.

Groupings: Skaters who sent in self-addressed stamped envelopes or a legible email address will receive their group assignments in the mail or email. Skaters will not be told who else is in their group. Your coaches will also be receiving group assignments if you provided an email address for them.

Practice ice: There are a few spots open in the practice ice schedule that will be filled on a first-come, first-served basis. Practice sessions are ½ hour long and are \$15 each (reserved after May 1). Payment must be made in cash to the practice ice monitor **before** the skater gets on the ice. Practice ice paid for and not used is non-refundable. Practice sessions are generally divided by level and event and skaters will not be assigned to practice sessions outside their level.

Withdrawals: Withdrawals before the start of competition should be given to Sonja Rasmussen. Withdrawals done after the start of competition should be turned in to the Registration Desk in the second floor lobby of Sprinker Recreation Center as soon as possible.
 Reminder: Refunds will only be issued if there is no competition in an event.

Contact: Sonja Rasmussen (253) 531-1859
 MayBlades@lakewoodwinterclub.com

Friday, May 14

8:00 AM	Testing
10:45 AM	Ice Resurface
11:00 AM	Testing
2:00 PM	Ice Resurface
2:15 PM	Practice: Spins, Jumps, Compulsory Moves
2:45 PM	Practice: Novice, Junior, Senior Short Program
3:15 PM	Practice: Intermediate Short Program
3:45 PM	Ice Resurface
4:00 PM	Pre-Preliminary Spins (Lobby End)
	Preliminary Spins (Lobby End)
4:00 PM	Pre-Juvenile Spins (Zamboni End)
	Intermediate Spins (Zamboni End)
4:15 PM	Pre-Preliminary Jumps (Lobby End)
4:15 PM	Preliminary Jumps (Zamboni End)
4:30 PM	Juvenile Jumps (Full Ice)
	Intermediate Jumps (Full Ice)
4:45 PM	Non-Test Group A Compulsory Moves (Lobby End)
	Non-Test Group B Compulsory Moves (Lobby End)
4:45 PM	Pre-Preliminary Compulsory Moves (Zamboni End)
	Preliminary Compulsory Moves (Zamboni End)
5:05 PM	Pre-Juvenile Compulsory Moves (Lobby End)
5:15 PM	Ice Resurface
5:30 PM	Junior Ladies Short Program
	Senior Ladies Short Program
6:05 PM	Intermediate Ladies Short Program
7:15 PM	Ice Resurface
7:30 PM	Novice Ladies Short Program
8:35 PM	Intermediate Men Short Program
8:50 PM	End

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Saturday, May 15

6:15 AM *Practice: Spring Blossoms, Non-Test*
6:45 AM *Practice: Pre-Juvenile Boys, Pre-preliminary Boys, Preliminary IJS, Pre-preliminary IJS, Pre-Preliminary A*
7:15 AM *Practice: Preliminary A, Pre-preliminary B & C, Juvenile*
7:45 AM *Ice Resurface*
8:00 AM Spring Blossoms Free Skate
Non-Test Girls Free Skate Group A
8:25 AM Non-Test Girls Free Skate Group B
8:45 AM Non-Test Girls Free Skate Group C
9:00 AM Non-Test Girls Free Skate Group D
9:20 AM Pre-Preliminary Boys Free Skate
Pre-Juvenile Boys Free Skate
9:40 AM *Ice Resurface*
9:55 AM Pre-Preliminary Girls Free Skate – IJS
10:15 AM Pre-Preliminary Girls Free Skate Group A
10:35 AM Preliminary Girls Free Skate – IJS
11:00 AM Pre-Preliminary Girls Free Skate Group B
11:20 AM Pre-Preliminary Girls Free Skate Group C
11:40 AM *Practice: Pre-Juvenile Dance, Junior Free Dance, Pre-preliminary D, Novice FS, Intermediate Men (session full)*
12:10 PM *Ice Resurface*
12:25 PM Pre-Bronze Solo Dance
12:35 PM Pre-Juvenile Dance
12:55 PM Junior Free Dance
1:05 PM Pre-Preliminary Girls Free Skate Group D
1:25 PM Juvenile Girls Free Skate
1:50 PM *Practice: Intermediate, Junior, Senior Ladies (session full)*
2:20 PM *Practice: Open Juvenile, Pre-Juvenile Girls, Pre B (session full)*
2:50 PM *Ice Maintenance*
3:10 PM Intermediate Men Free Skate
3:25 PM Junior Ladies Free Skate
3:50 PM Senior Ladies Free Skate
4:15 PM Preliminary Girls Free Skate Group A
4:40 PM Intermediate Ladies Free Skate
5:55 PM *Ice Resurface*

6:10 PM Novice Ladies Free Skate
7:20 PM Preliminary Girls Free Skate Group B
7:45 PM Open Juvenile Girls Free Skate – IJS
Open Juvenile Girls Free Skate
8:20 PM *Ice Resurface*
8:35 PM Pre-Juvenile Girls Free Skate – IJS
9:35 PM *Pre-Juvenile Girls Free Skate*
9:50 PM **END**

Sunday, May 16

7:15 AM *Practice: All Basic Skills, Adult Free Skate*
7:45 AM *Practice: Showcase*
8:15 AM *Ice Resurface*
8:30 AM Basic Program 3 Free Skate
Basic Program 4 Girls Free Skate
Basic Program 5 Girls Free Skate
8:45 AM Basic Program 6 Girls Free Skate
Basic Program 8 Girls Free Skate
Basic Program 7 Girls Free Skate
9:00 AM Freeskate 1 Free Skate
9:15 AM Adult Pre-Bronze Ladies Free Skate
Adult Silver Ladies Free Skate
9:25 AM Freeskate 2 Girls Free Skate
Freeskate 3 Girls Free Skate
9:40 AM Freeskate 4 Girls Free Skate
9:55 AM Non-Test Showcase
10:10 AM Production Ensemble
10:20 AM *Ice Resurface*
10:35 AM Freeskate 1 & 2 Showcase
Freeskate 3 & 4 Showcase
10:50 AM Pre-Preliminary Showcase Group A
11:05 AM Pre-Preliminary Showcase Group B
11:25 AM Preliminary Showcase
Pre-Juvenile Showcase
11:40 AM Adult Showcase
Intermediate Showcase
11:55 AM Pre-Pre Duet Showcase
12:05 PM **END**