



Presents

May Blades 2010

**May (13), 14 – 16, 2010
Sprinker Recreation Center
Tacoma, WA**

Medals given for top 6 places in each event!

ISU Judging System (IJS) for Juvenile – Senior and Adult Gold and Masters

**Pre-Preliminary – Open Juvenile skaters offered using IJS scoring for freeskating or
traditional 6.0 scoring (enter one or the other)**

World, International, National and Local Judges

Sponsored by:



Sanctioned by:



Entries must be postmarked by **March 31, 2010**

LAKWOOD WINTER CLUB
MAY BLADES 2010
May (13), 14 – 16, 2010

Competition

This competition is open to qualified skaters who are registered members of US Figure Skating. This is a non-qualifying competition and will be governed by the current US Figure Skating Rulebook except as modified by this announcement. Rules passed at the 2010 Governing Council meeting will not be in effect at this competition.

Entries

Complete and mail with entry fee to Sonja Rasmussen at 6623 130th Street Ct E, Puyallup, WA 98373-6322. Enclose a self-addressed, stamped legal sized envelope and/or email address. **Entries must be postmarked by March 31, 2010.** Late entries will be accepted at the discretion of the referee and the local organizing committee and will be subject to a \$30 late entry fee. No entries will be accepted after the draw has been completed. Emailed entries are acceptable and encouraged. Email forms to mayblades@lakewoodwinterclub.com. Payment by phone or postal mail is still required. **Do not** email credit card forms.

Event Judging

All short program, freeskating, original dance and free dance events will use the well-balanced program requirements as outlined in the current rulebook, except where specifically defined in this announcement.

IJS Events:

The ISU Judging System (IJS) will be used for Juvenile – Senior level, plus Adult Gold and Masters, short program, freeskating, compulsory, original and free dance events. Skaters entering these events are required to submit a planned program content sheet for **each** IJS event entered. The planned program element sheet is attached to this announcement. An instant replay system will be used for some events. Planned program element sheets must be submitted by May 1, 2010. PPE's submitted after May 1 are subject to a \$30 late fee. Email submissions of the PPE's are acceptable and encouraged.

Special IJS events for Pre-Preliminary – Pre-Juvenile and Open Juvenile are also offered. IJS scoring for these divisions shall consist of element scores and three Program Component marks: 1) Skating Skill & Transitions; 2) Performance & Execution; and 3) Choreography & Interpretation. Each component shall have equal weight. The highest level called will be level 1.

6.0 Events:

All other events will be judged using the 6.0 system. The LOC reserves the right to use the 6.0 system for some events if IJS-qualified officials are unavailable.

Eligibility for entries is governed by tests passed as of March 31, 2010 and age as of May 13, 2010. Adult event competitors must be age 18 or over. All skaters should be prepared to show proof of age. Skaters **may** compete at one level higher than the event for which he/she qualifies by test but may not enter more than one level in any one event except for solo dance.

Refunds will only be given under the following conditions:

1. An event is not held (USFS rule #3233)
2. Withdrawal of an entry is made on or before the official deadline of March 31, 2010 (USFS rule #3235)

No refunds will be issued for injuries. To withdraw, notify the competition chair as soon as possible. Any refunds will be mailed within 30 days after the completion of the competition. In any event with only one entry, the skater will be given the option of withdrawing from the event or skating against the rulebook.

Fees

The entry fee is \$80 for the first event and \$30 for each additional event entered. The entry fee for Pairs, Couples Dance and Duets is \$100 per couple for the first event and \$50 for each additional couple event. Ensemble events are \$80, plus \$10 per person entered. A fee of \$30 will be charged for checks returned for non-sufficient funds (NSF). Skaters will not be allowed to skate until all fees have been paid. Skaters entering couples event and singles events shall pay the couples fees first, then \$30 for each singles event entered.

Registration

The official registration desk will be located at Sprinker Recreation Center starting one hour before the first competitive event. All competitors are required to register as soon as possible after arrival at the rink. Competition tapes/CDs should be turned in at this time.

Rink

The ice surface is 85' X 200', with slightly rounded corners. Location: Sprinkler Recreation Center, 14824 South C Street, Tacoma, WA 98444.

Music

Cassette tapes or CDs (no CD-RWs or DVDs please). Cassette tapes must be rewound and tapes/CD's must contain music for only one program. Clearly label music with the skater's name, his/her professional's name, the event, and the time the music plays. Music must be turned in at the time of official registration and will not be returned until the conclusion of the event. Once turned in, the Lakewood Winter Club will accept no responsibility for breakage, damage or loss of cassettes or CDs but will take every precaution to ensure their safety. All competitors must have an extra copy of their tape or CD available quickly during the actual competition.

Admission

No admission will be charged. All events are open to spectators.

Awards

Medals will be presented for first through sixth place in the Rainier Room upstairs immediately after the official posting of each event. Award photos will be taken. We ask that all award winners pose for the group picture even if you do not plan to purchase a picture. The Al & Ira Beeler Artistic Award - This award will be presented to a skater from the Intermediate level up, who the artistic judge feels presented the most artistic freestyle performance. The Tri-Blade award will be presented to one skater from each level in Pre-Preliminary - Juvenile who places highest in 3 events: Compulsory Moves, Jumps and Spins (see Tri-Blade section under Event Specifications and Qualifications for more details).

Official Notices

An official bulletin board will be maintained at the competition site. The official schedule showing starting times for each event and the draw will be posted on the bulletin board. The official schedule supersedes all other schedules. Notices posted on this bulletin board are considered as sufficient notice to all competitors. Skaters are to be in the rink and ready to skate 60 minutes before their event is scheduled to begin. Events will not be delayed for skaters who arrive late.

Practice Ice

Reservations for practice ice must be made and paid for in advance. Practice sessions will be held each day of the competition. Practice ice will be \$10 per 1/2 hour session. Requests for practice ice should be mailed to Sonja Rasmussen and are a part of your registration form. Sign up for **one** practice session **per event entered**. No music will be played during official practice sessions. Extra sessions may become available after the schedule is determined. These openings will be sold on a first-come, first-serve basis. Contact the practice ice monitor during practice sessions to request additional time. Practice ice reserved after May 1, 2010 will be \$15 each, including drop-ins. Practice ice schedules will be mailed with the competition schedule if a stamped, self-addressed, legal-size envelope is included or emailed if legible email address is provided on entry form. There will be no refunds for those who do not appear for their reserved practice session. Every effort will be made to schedule practice ice on the same day as the event, but this is not guaranteed. Practice ice for Intermediate through Senior levels will be limited to 16 skaters. All other levels will be limited to 24 skaters.

Videotaping & Photography

A professional video company and photographer will be at the rink. Any other professional photography/videography is prohibited. We ask that ALL award winners pose for the group picture even if you do not plan to purchase a picture. All other videotaping and photography is restricted to hand-held battery operated equipment, without tripod, and is permissible only in the upper viewing area. No videotaping or photography from rink side. Please be courteous to those viewing the event. Solicitation by any photographer or agent of anyone to be the subject of still or video photography is not permitted. For safety reasons, no flash photography during the event is allowed.

Coaches' Registration / Credentials

In accordance with current rules, all coaches participating in this event must be registered with U.S. Figure Skating. For more information on the registration process, please visit www.usfigureskating.org. We will provide all registered coaches with a credential. Every coach in attendance will be required to check in at the registration table and must show a picture I.D. to receive their credential. We strongly recommend that you also bring any registration confirmation materials. Coaches must wear their badge at all times when coaching skaters at rinkside of a sanctioned competition. Monitors will be instructed to ensure that anyone standing rinkside has their credential.

Accommodations

All hotels charge 13.5% state tax.

Hotels with contracted rate:

Ask for May Blades Competition or Lakewood Winter Club Group. 10 rooms are reserved at each hotel. Make reservations by date on last line listed for each hotel.

Holiday Inn Express 812 South Hill Park Drive Puyallup, WA 98373	King Oscar Motel 6802 Tacoma Mall Blvd. Tacoma, WA 98409	La Quinta Inn Lakewood 11751 Pac Hwy SW Lakewood, WA 98499	Hampton Inn & Suites 8203 S Hosmer St Tacoma, WA 98408	Crossland 8801 S Hosmer Tacoma, WA 98409
(253)848-4900	(253)539-1153 (888)254-KING	(253)582-7000	(253)539-2288	(253) 538-9448
\$129	One bed \$75 Two bed \$80	\$99 2 Queens	\$119	\$54.99 one bedroom \$64.99 two bedrooms
				Full kitchen in each room Showers only Wireless internet access Free local calls
April 13, 2010		May 6, 2010		

For further information regarding this announcement, please contact:

Sonja Rasmussen, Chair

6623 130th Street Ct E

Puyallup, WA 98373-6322

(253) 531-1859

Email:mayblades@lakewoodwinterclub.com

Some Useful Web links

ISU Judging System: http://www.usfigureskating.org/New_Judging.asp?id=280

Skaters and Coaches Information on IJS (including element definitions for the planned program elements sheet):

http://www.usfigureskating.org/New_Judging.asp?id=283

Please refer to the USFS website at www.usfigureskating.org for Technical Notification.

Updates to the announcement and other information will be posted on LWC's website at www.lakewoodwinterclub.com.

Privacy Policy

Information provided to the host club on the entry form is intended for internal use of the competition committee, chief referee, and chief accountant only. We will never intentionally disclose any personal information about you (such as, for example, your full name, street address, telephone number, or e-mail address) to any third party without having received your permission.

Event Qualifications & Specifications

Event Definitions:

Tri-Blade Award

This event will require Pre-Preliminary – Juvenile level skaters to participate in the Spin event, Jump event, and Compulsory Moves event. At the completion of all three events, the Triathlon Award will go to the skater in each level who accumulates the highest cumulative score. Boys and girls will compete against each other in all three events. If there is only one entry for the Tri-Blade Award in a level, the Award will not be given for that level. Skaters must enter the same level for all three events to be considered for the Tri-Blade Award.

Compulsory Moves

Skaters will qualify according to their Free Skating level. No music will be played. Compulsory Moves are skated in a program format and the elements may be done in any order. Each added element will be penalized by .2. Connecting steps must not contain jumps. Combination jumps may not have a change of foot between the two jumps. Skaters will receive one mark from each judge for Technical Elements. Event will be skated on one half (1/2) of the ice surface. Ladies and Men will compete against each other.

Jump Event

Skaters will qualify according to their Free Skating level. No music will be played. Jumps may be skated twice in any order. The best of the two jump attempts for each required jump and combination will be judged. If a skater is satisfied with the 1st jump attempt, then the 2nd attempt is not required. In situations where the skater is given the choice of the jumps to be performed, the first attempt will determine the jump to be judged; the skater will not be allowed to change jumps on the second attempt. Skaters will receive one mark from each judge for Technical Elements. Event will be skated on one half (1/2) of the ice surface for Pre-Preliminary through Pre-Juvenile and full ice surface for Juvenile through Senior. Ladies and Men will compete against each other.

Spins Event

Skaters will qualify according to their Free Skating level. No music will be played. Spins are skated in a program format. Spins must be skated exactly as stated but may be skated in any order. Connecting steps may be used but will not affect the score. Skaters will receive one mark from each judge for Technical Elements. The event will be skated on one half (1/2) of the ice surface. Ladies and Men will compete against each other.

Showcase

Men and women may compete against one another in the Showcase event. Each judge will award one mark to each skater for Program Components. Only two (2) double jumps are permitted for Juvenile – Senior. Only single jumps, including axels, will be allowed for Non-test - Pre-Juvenile and Adult. A .2 deduction will be taken for programs violating this restriction. Judges for this event may be individuals in the field of theatre and dance. Props may not be placed on the ice. The music may be vocal and/or instrumental. Costumes should be appropriate to the music, in good taste and age-appropriate. Skaters wearing costumes deemed inappropriate by the referee may be barred from competing. Showcase is intended as an event to develop and enhance the qualities of original choreography, general showmanship, and entertainment value. There will not be separate events for Light Entertainment and Dramatic Showcases.

Additional Showcase Events

Skaters may enter any or all of these events. However, each skater may enter only one of each type of event (e.g. one duet, and/or one mini production, and/or one production.)

1. Duet: A theatrical/artistic performance by any two contestants. The highest ranked member of a duet determines duet levels.
2. Mini Production Ensemble: A theatrical/artistic performance by three to seven contestants. No test level restrictions or requirements. 3:10 max
3. Production Ensemble: A theatrical/artistic performance by more than seven contestants. Theatre On Ice teams are eligible to compete in this category. No test level restrictions or requirements. 6:40 max

Group Splits & Seeding

Events with large numbers of entries may be split into multiple groups. Events will be split by age for Spring Blossoms/Mountaineers through Pre-Juvenile and Adult, and by draw for Juvenile through Senior. Open Juvenile and Juvenile events may be combined in the case of insufficient entrants. If applicable, Juvenile through Senior skaters who competed in the final rounds at the 2010 Regional Championships will be seeded into separate groups.

Final Rounds

No final rounds will be skated. In singles and pairs, the short and long program will be scored as separate events. In Couples Dance, the Compulsory Dances, Original Dance and Free Dance will be scored as separate events.

- Skaters must skate USFS elements for the Short Program as written for the 2010-2011 season in the current USFS Rulebook

Events by Level

Spring Blossoms(girls) / Mountaineers(boys)

No standard USFS tests passed. May include half revolution jumps plus salchows, toe loops and loops. No combination jumps. May not include flying spins. Spring Blossoms and Mountaineers groups will be split by age.

Event	Duration
Freeskating	1:00 – 1:30 max

Non-Test

No Free Skating tests passed. No axels or double jumps allowed. Non-test groups will be split by age.

Event	Duration	Elements
Freeskating	1:30 (+/- 10 secs)	
Showcase	1:40 max	
Duet Showcase	1:40 max	
Compulsory Moves	1:15 max	Half Ice: 1. Waltz jump 2. Single loop jump 3. Upright spin with free leg position toward knee level 4. A forward spiral

Pre-Preliminary

No double jumps allowed. Pre-Preliminary groups will be split by age.

Event	Duration	Elements
Freeskating	1:30 (+/- 10 secs)	
IJS Freeskating	1:30 (+/- 10 secs)	
Showcase	1:40 max	
Duet Showcase	1:40 max	
Compulsory Moves	1:15 max	Half Ice: 1. Single loop jump 2. Jump combination of any two single jumps, no single axel. 3. Sit spin 4. A forward spiral
Jumps	1:15 max	Half Ice: 1. Salchow 2. Loop 3. Combination of any two single jumps (no axel)
Spins	1:00 max	Half Ice: 1. One-foot upright spin, optional free foot position 2. One-foot upright backspin 3. Sit spin

Preliminary

Preliminary groups will be split by age.

Event	Duration	Elements / Notes
Freeskating	1:30 (+/- 10 secs)	
IJS Freeskating	1:30 (+/- 10 secs)	
Showcase	1:40 max	
Duet Showcase	1:40 max	
Compulsory Moves	1:15 max	Half ice: 1. Single flip jump 2. Jump combination of any single jump plus a single loop jump 3. Sit spin 4. Upright back spin 5. Step sequence
Jumps	1:15 max	Half Ice: 1. Single Loop 2. Single Flip 3. Combination of any two single jumps
Spins	1:00 max	Half Ice: 1. Forward scratch spin 2. Sit spin 3. Forward camel spin

Pre-Juvenile

Pre-Juvenile groups will be split by age.

Event	Duration	Elements / Notes
Freeskating	2:00 (+/- 10 secs)	
IJS Freeskating	2:00 (+/- 10 secs)	
Showcase	2:10 max	
Duet Showcase	2:10 max	
Compulsory Moves	1:15 max	Half ice: 1. Single lutz jump 2. Jump combination of any two single jumps 3. Front scratch to back scratch spin 4. Camel spin 5. Step sequence
Jumps	1:15 max	Half Ice 1. Single Flip 2. Single Lutz 3. Combination of any two single jumps
Spins	1:15 max	Half Ice: 1. Sit spin 2. Forward camel spin to sit spin combination, no change of foot 3. Front scratch to back scratch spin
Pairs	2:00 (+/- 10 secs)	(Age Under 14)
Dance		(Age Under 14), 2010-11 dances: Cha Cha, Canasta Tango

Juvenile

Juvenile groups will be split by draw and seeded. Juvenile competitors must be under age 13 on May 13, 2010.

Event	Duration	Elements / Notes
Short Program	2:00 max	Use Intermediate Short Program elements
Freeskating	2:15 (+/- 10 secs)	
Showcase	2:10 max	
Duet Showcase	2:10 max	
Compulsory Moves	1:15 max	Half ice: 1. Single axel 2. Jump combination of a double/single, single/double, or two single jumps, no single axel 3. Camel spin 4. Sit change sit spin 5. Circular step sequence
Jumps	1:30 max	Full Ice 1. Single Lutz 2. Single axel 3. Combination of any double jump with a single loop jump (double-single or single-double)
Spins	1:15 max	Half Ice: 1. Sit spin 2. Forward camel spin 3. Change foot spin with only one change of foot, no change of position, ex. Sit/back sit
Pairs	2:30 (+/- 10 secs)	(Age Under 16)
Dance		(Age Under 16), 2010-11 dances: Ten Fox, Fiesta Tango
Free Dance	2:15 (+/- 10 secs)	(Age Under 16)

Open Juvenile

Open Juvenile groups will be split by draw and seeded. Open Juvenile competitors must be age 13 or over on May 13, 2010.

Event	Duration	Elements / Notes
Short Program	2:00 max	Use Intermediate Short Program elements
IJS Freeskating	2:15 (+/- 10 secs)	
Freeskating	2:15 (+/- 10 secs)	
Showcase	2:10 max	
Duet Showcase	2:10 max	
Compulsory Moves	1:15 max	Half ice: 1. Single axel 2. Jump combination of a double/single, single/double, or two single jumps, no single axel 3. Camel spin 4. Sit change sit spin 5. Circular step sequence
Jumps	1:30 max	Full Ice 1. Single Lutz 2. Single axel 3. Combination of any double jump with a single loop jump (double-single or single-double)
Spins	1:15 max	Half Ice: 1. Sit spin 2. Forward camel spin 3. Change foot spin with only one change of foot, no change of position, ex. Sit/back sit

Intermediate

Intermediate groups will be split by draw and seeded.

Event	Duration	Elements / Notes
Short Program	2:00 max	
Freeskating	2:30 (+/- 10 secs)	
Showcase	2:40 max	
Duet Showcase	2:40 max	
Jumps	1:30 max	Full Ice 1. Single axel 2. Double Salchow 3. Combination of any two double jumps
Spins	1:15 max	Half Ice: 1. Sit spin to change foot sit spin 2. Flying camel spin 3. Combination spin with only one change of foot and one change of position
Pairs	3:00 (+/- 10 secs)	(Age under 18)
Dance		(Age under 18), 2010-11 dances: European Waltz, Rocker Foxtrot
Free Dance	2:30 (+/- 10 secs)	(Age under 18)

Novice

Novice groups will be split by draw and seeded.

Event	Duration	Elements / Notes
Short Program	2:30 max	
Freeskating	3:00 (Ladies) 3:30 (Men) (+/- 10 secs)	
Showcase	2:40 max	
Duet Showcase	2:40 max	
Jumps	1:30 max	Full Ice: 1. Double Loop 2. Double Flip 3. Combination of any two double jumps
Spins	1:15 max	Half Ice: 1. One solo spin may be commenced with a jump 2. Forward camel spin to back camel spin 3. Combination spin with only one change of foot and at least one change of position
Pairs Short Program	2:50 max	
Pairs Freeskating	3:30 (+/- 10 secs)	
Dance		2010-11 dances: Paso Doble, Blues
Free Dance	3:00 (+/- 10 secs)	

Junior

Junior groups will be split by draw and seeded.

Event	Duration	Elements / Notes
Short Program	2:50 max	
Freeskating	3:30 (Ladies) 4:00 (Men) (+/- 10 secs)	
Showcase	2:40 max	
Duet Showcase	2:40 max	
Jumps	1:30 max	Full Ice: 1. Double Loop 2. Double Lutz 3. Combination of a double jump plus any double or triple jump.
Spins	1:15 max	Half Ice: 1. Layback or cross-foot spin 2. Flying camel 3. Combination spin with only one change of foot and at least two changes of position
Pairs Short Program	2:50 max	
Pairs Freeskating	4:00 (+/- 10 secs)	
Dance		2010-11 dances: Quickstep, Blues
Original Dance	2:30 (+/- 10 secs)	2010-11 rhythm: "Rhythms and Dances of the 1950's, 1960's or 1970's"
Free Dance	3:30 (+/- 10 secs)	

Senior

Senior groups will be split by draw and seeded.

Event	Duration	Elements / Notes
Short Program	2:50 max	
Freeskating	4:00 (Ladies) 4:30 (Men) (+/- 10 secs)	
Showcase	2:40 max	
Duet Showcase	2:40 max	
Jumps	1:30 max	Full Ice: 1. Double Loop 2. Double Lutz 3. Combination of a double jump plus any double or triple jump.
Spins	1:15 max	Half Ice: 1. Camel spin 2. A flying spin 3. Combination spin with only one change of foot & at least two changes of position
Pairs Short Program	2:50 max	
Pairs Freeskating	4:30 (+/- 10 secs)	
Dance		2010-11 dances: Ravensburger Waltz, Finnstep
Original Dance	2:30 (+/- 10 secs)	2010-11 rhythm: "Rhythms and Dances of the 1950's 1960's or 1970's"
Free Dance	4:00 (+/- 10 secs)	

Ensemble Events

Event	Duration	Elements / Notes
Mini Production	3:10 max	A theatrical/artistic performance by 3 - 7 skaters. No test level restrictions or requirements.
Production	6:40 max	A theatrical/artistic performance by more than seven contestants. Theatre On Ice teams are eligible to compete in this category. No test level restrictions or requirements.

Adult Pre-Bronze Freeskating

Adult events will be split by age. Skater has passed no higher than the Adult Pre Bronze Free Skating Test or the Pre-Preliminary Test. No axel or double jumps permitted.

Event	Duration	Elements / Notes
Freeskating	1:40 max	
Showcase	1:40 max	
Duet Showcase	1:40 max	
Spins	1:00 max	Half Ice: 1. Upright one foot spin with optional free foot position 2. Forward sit spin 3. Combination spin with only one change of position, change of foot optional

Adult Bronze Freeskating

Adult events will be split by age.

Event	Duration	Elements / Notes
Freeskating	1:50 max	
Adult Showcase	1:40 max	
Adult Duet Showcase	1:40 max	
Spins	1:15 max	Half Ice: 1. Upright one foot spin with optional free foot position 2. Forward sit spin 3. Combination spin with only one change of position, change of foot optional
Pairs	2:10 max	

Adult Silver Freeskating

Adult events will be split by age.

Event	Duration	Elements / Notes
Freeskating	2:10 max	
Adult Showcase	1:40 max	Bronze/Silver combined to one group
Adult Duet Showcase	1:40 max	Bronze/Silver combined to one group
Spins	1:15 max	Half Ice: 1. Camel spin 2. Sit spin 3. Combination spin with at least one change of position, change of foot optional
Pairs	2:40 max	

Adult Gold Freeskating

Adult events will be split by age.

Event	Duration	Elements / Notes
Freeskating	2:40 max	
Masters Showcase	1:40 max	Gold/Masters combined to one group
Masters Duet Showcase	1:40 max	Gold/Masters combined to one group
Spins	1:15 max	Half Ice: 1. Camel spin 2. A flying spin 3. Combination spin with only one change of foot & at least one change of position
Pairs	3:40 max	

Adult Masters Freeskating (Intermediate & Novice)

Adult events will be split by age.

Event	Duration	Elements / Notes
Freeskating	3:10 max	Masters Intermediate and Novice may be combined
Masters Showcase	1:40 max	Gold/All Masters combined to one group
Masters Duet Showcase	1:40 max	Gold/All Masters combined to one group
Spins	1:15 max	Half Ice: 1. Camel spin 2. A flying spin 3. Combination spin with only one change of foot & at least one change of position
Pairs	3:40 max	

Adult Masters Freeskating (Junior & Senior)

Adult events will be split by age.

Event	Duration	Elements / Notes
Freeskating	3:40 max	Masters Junior and Senior may be combined
Masters Showcase	1:40 max	Gold/All Masters combined to one group
Masters Duet Showcase	1:40 max	Gold/All Masters combined to one group
Spins	1:15 max	Half Ice: 1. Camel spin 2. A flying spin 3. Combination spin with only one change of foot & at least one change of position

Adult Dance

A couple will consist of one man and one lady. Dances will be final round only.

	Dances to be Skated (2009-2010)	Duration (max) Free Dance
Adult Centennial	American Waltz, Blues	2:40
Adult Pre-Bronze	Rhythm Blues, Swing Dance	2:40
Adult Bronze	Hickory Hoedown, Fourteenstep	2:40
Adult Pre-Silver	Hickory Hoedown, American Waltz	2:40
Adult Silver	American Waltz, Blues	2:40
Adult Pre-Gold	Rocker Foxtrot, Killian	3:10
Adult Gold	Paso Doble, Westminster Waltz	3:10
Adult Championship	Killian, Westminster Waltz	3:10
Masters Open	Westminster Waltz, Rhumba	3:10

Solo Dance

No age restrictions. Men and women will compete against one another in solo dance. Men will skate Men's steps and Women will skate Women's steps. No minimum dance test is required to compete in any solo dance event. Events may be conducted in flights.

	Requirements	Dance to be Skated
Preliminary	Passed no more than 2 Pre-Bronze Dances	Rhythm Blues, 3 patterns
Pre-Bronze	Passed no more than 2 Bronze Dances	Fiesta Tango, 3 patterns
Bronze	Passed no more than 2 Pre-Silver Dances	Willow Waltz, 3 patterns
Pre-Silver	Passed no more than 2 Silver Dances	Foxtrot, 3 patterns
Silver	Passed no more than 2 Pre-Gold Dances	Tango, 2 patterns
Pre-Gold	Passed no more than 3 Gold Dances	Kilian, 4 patterns
Gold	No Test Limits	Viennese Waltz, 2 patterns

Basic Skills Competition

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries (March 31, 2010). All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Fees

The entry fee is \$50 for the first event and \$20 for each additional event entered. **A charge of \$30 will be assessed for checks returned for non-sufficient funds (NSF) and must be paid in full prior to the start of competition in order to compete.**

Refunds will be issued in accordance with Rule 3230 of the US Figure Skating Rulebook and only if the event is not held. In any event with only one entry, the skater will be offered the choice of either competing as a solo entry against the rulebook standard (Against the Rule Book) or withdrawing for a refund. All refunds, if applicable, will be mailed within 30 days after the completion of the competition.

To withdraw, notify THE REGISTRAR immediately.

Boys and girls may be combined to compete in the same event, at the discretion of the Referee and LOC. Events with large numbers of entries may be split into multiple, equal-sized groups by age (with no more than 3 years age difference total in a group) at the discretion of the Referee and LOC. No final rounds will be skated.

Awards

Medals will be presented at the photographer's table immediately after the official posting of each event. Awards will be given for first through sixth places in all Basic Skills events.

U.S. Figure Skating / ISI Basic Skills Conversion Chart

Enter the Basic Skills event	If you are in an ISI program and have passed	Enter the Basic Skills event	If you are in an ISI program and have passed
Snowplow	Tot	Basic 8	Delta - Freestyle 1
Basic 1	Pre- Alpha (age 7 and older) Alpha	Free Skate 1	Delta - Freestyle 2
Basic 2	Advanced Pre- Alpha	Free Skate 2	Freestyle 1-3
Basic 3	Advanced Pre- Alpha (except 2-foot spin)	Free Skate 3	Freestyle 2-3
Basic 4	Alpha / Gamma	Free Skate 4	Freestyle 4
Basic 5	Beta (except 1-foot spin)	Free Skate 5	Freestyle 4-5
Basic 6	Delta (except for spiral)	Free Skate 6	Freestyle 5-6
Basic 7	Gamma (except Scratch spin & ballet jump)		

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p>Snowplow Sam - Tots:</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p>Basic 5:</p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counter-clockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p>Basic 1</p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p>Basic 6:</p> <ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L from a standstill 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p>Basic 2</p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p>Basic 7:</p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter-clockwise 4. Forward inside pivot
<p>Basic 3</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter-clockwise 6 – 8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p>Basic 8:</p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p>Basic 4</p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter-clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

FREE SKATE EVENT: FREE SKATE 1-6

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

<p>Freestyle 1</p> <ol style="list-style-type: none"> 1. Advanced forward stroking 4-6 strokes 2. Scratch spin from back crossovers 3. Waltz jump from back crossovers 4. Half flip jump 	<p>Freestyle 4</p> <ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump
<p>Freestyle 2</p> <ol style="list-style-type: none"> 1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop 	<p>Freestyle 5</p> <ol style="list-style-type: none"> 1. Camel spin 2. Forward upright spin to back upright spin 3. Loop/loop combination jump 4. Flip jump
<p>Freestyle 3</p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop 	<p>Freestyle 6</p> <ol style="list-style-type: none"> 1. Camel/sit spin combination, min of 4 revs total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination. 4. Lutz jump

BASIC SKILLS SHOWCASE EVENTS

- Skaters must skate in the same level as Free Skate event.
- Use elements from the Basic Skills Artistry in Motion curriculum. (Duration: 1:10 maximum for Snowplow Sam through Basic 7 & 8, and 1:40 maximum for Freestyle 1 & 2 through Freestyle 5 & 6)
- Theme of skater's choice. Skaters will be divided into age and into eight levels:
 - Snowplow Sam
 - Basic 1 & 2
 - Basic 3 & 4
 - Basic 5 & 6
 - Basic 7 & 8
 - Freestyle 1 & 2
 - Freestyle 3 & 4
 - Freestyle 5 & 6
- **Music may have vocals and costumes that complement music**
- Judging to emphasize interpretation of music rather than technical skills
- Each judge will award one mark for presentation for each skater.

Hand held props or stationary props may be used if skater can get them on and off ice without assistance within a 1 minute time duration.